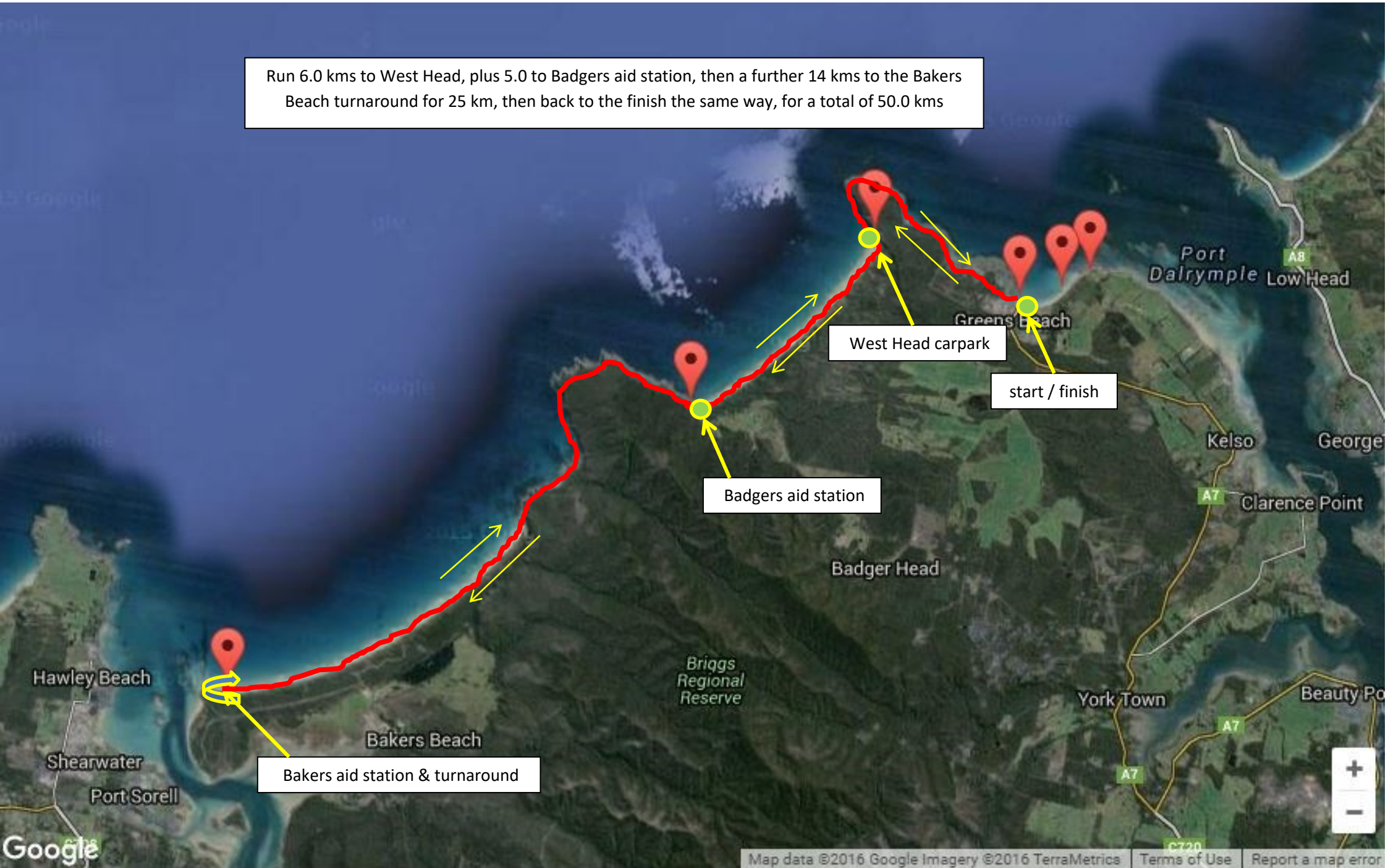


CONVICTS & WENCHES - 50 KMS

Run 6.0 kms to West Head, plus 5.0 to Badgers aid station, then a further 14 kms to the Bakers Beach turnaround for 25 km, then back to the finish the same way, for a total of 50.0 kms



Bakers aid station & turnaround

Badgers aid station

West Head carpark

start / finish